

Spirituality of the Transcendental Sphere

In today's webinar, we will continue our exploration of the different spiritual groups that colonize the Great Continuum of Consciousness—we will examine those traditions that begin their spiritual journey at the entrance to the Transcendental Sphere.

Among spiritual practices, the methods of these paths are the most difficult, as the followers of these traditions must bring their attention across this vast gulf to unite with their spirit.

Perhaps as a result of this distance and difficulty connecting with the spiritual essence at these profound heights, it is a common dictum of these paths that disciples should keep their attention continually united with the spirit upon their path; to become fully fused and identified with this essence; and to live the truths and insights of this path in the world.

In my own spiritual journey, I was initiated into two of these paths of the Transcendental Sphere. I can tell you that the love and beauty of these paths is beyond words; the power of the mighty Sat Gurus—who are the initiators and guides upon these spiritual corridors through the Sublime—is unmatched; and the depths of absorption and ecstasy that can be known on these paths are beyond anything you could imagine in your wildest dreams.



We will describe the seven Paths that begin and end their spiritual development in the Transcendental Sphere. We will discuss the practices they use and their teachings, and how they differ one from another.

An Overview of the Seven Transcendental Paths

When attention moves beyond the top of the Supracosmic Sphere, it encounters eight paths. The first is the Bridge Path; because of its unique characteristics, we will discuss it separately than the other seven Transcendental Paths.

Directly above one another are Transcendental Paths One (T1) through Transcendental Path Seven (T7), with T1 on the bottom, and T7 on the top. To enter into each of the Paths of T1 to T7, you must enter in a gate—similar to the Paths of the Supracosmic Sphere—to contact the spiritual essence of this path.

There is a form with seven chakras at the beginning of each of these paths; you must reach the forehead center to contact the spirit. On each of these Transcendental Paths, the spirit must open the channels of the Nada; this is the primary method of spiritual development.



The seven Paths of the Transcendental Sphere are summarized below.

Path	Common Name	Title of States of Mastery	Primary and Secondary Methods of Meditation
T1	Subud	Subud Master, Sadhu	Reception of Spiritual Grace (Latihan), Nada Yoga (two channels)
T2	Sant Mat	Sant Sat Guru	Nada Yoga (two channels), traveling with the guide
T3	[Sufism Reoriented]	Perfect Master	Reception of Spiritual Grace, Nada Yoga (two channels)
T4	Paradise Path [<i>Urantia Book</i> describes this path]	Paradise Master	Communion with angels and Masters, Nada Yoga (two channels) [Advanced Kriya Yoga also works on this path]
T5	Eckankar™	Eck Master, Mahanta	Chanting HU, dream communion with the Master, Nada Yoga [sound channel], repetition of mantra keyed to the Plane on which one dwells, [Nada Yoga on all three channels] [1]
T6	—	T6 Sat Guru	Nada Yoga (four channels), traveling with the guide
T7	Knowledge, Brahma Vidya, Élan Vital	T7 Sat Guru	Nada Yoga (four channels)

[1] Mudrashram® teachers advocate this method for T5



Have you ever explored any of the Transcendental Paths in your spiritual quest? Have you attended satsangs of these organizations, or participated in their meditation services? What are some of their basic assumptions?

Have you read books written by authors that tap the teachings and beliefs of a Transcendental Path? Have you read from scriptures or sacred teachings of these Paths?

With which of these lineages have you had contact, either through reading or participation in their meditations? How were these groups different?

Have you ever been initiated into one of these Paths? What practices did you do? Have you ever done puja or arati for a Sat Guru or Perfect Master?

Have you ever communed with a spiritual guide on one of these Paths? Have you ever had darshan with a Sat Guru or Perfect Master, where they conveyed spiritual Grace to you?

Have you ever experienced a mystical, blissful, or ecstatic state of consciousness as a result of using these practices?

Transcendental Path Meditation-Induced Imbalances

Those who use the meditations of the Transcendental Paths typically pass through four stages in their practice.

- (1) **Introductory stage** – This stage typifies the new initiate, who has learned how to practice the meditation techniques of a Transcendental Path, and attempts to gain union with the spiritual essence upon that Path. Many of those who are initiated have difficulties moving beyond this stage, and do their daily meditation practice unsuccessfully.
- (2) **Visionary stage** – Successful withdrawal of the attention from the ground state of awareness marks this stage. Here, meditators gain glimpses of the inner realms, and achieve temporary union with their spirit upon the Transcendental Path. Their concentration wavers; they are often distracted, so are unable to fix on the spirit and rise up in the Nadamic channels.
- (3) **Union and Pathwork stage** – When meditators reach this stage, they can unite the attention and the spirit, and consciously move along the inner Path of the Nada; they may feel their ensouling entity on that Path unfold. As they make progress in their Pathwork, they will commune with the radiant form of their Sat Guru.
- (4) **Absorption and Identification stage** – This stage arises when the spirit has moved to a level beyond the development of the cutting edge ensouling entity; a “fulcrum shift” takes place so the individual becomes fixed and identified with the spirit’s consciousness on a Transcendental Path. When this occurs, meditators become so absorbed in their spiritual path that normal personality functioning—such as making life choices, thinking clearly, or remaining grounded—is very hard.

Because of the difficulties uniting with the spirit on these Transcendental Paths, many meditators do not go beyond stage two. So the impact on their personality is negligible.

But those who make great progress on these spiritual paths become—as Avatar Meher Baba called them—*musts*, people who live in Divine ecstasy and intoxication. To the world, they seem insane; inwardly, the supernal beauty of the inner worlds and the rapturous strains of the Nada surround them, and they cannot convey that to others who do not experience it.

It is often hard for them to focus on their lives, as their inner yearning for union with their Source is the most compelling force in their Souls. It is also hard for these individuals, who are so highly advanced in the Transcendental Sphere to focus on doing spiritual work at their cutting edge of spirituality.

We have had a few individuals begin the study of the Mudrashram® teachings, who were in this situation. The Mudrashram® Masters have had to work with them, so that they could complete their work at that higher sphere, and be able to again focus at their cutting edge. Swami Prabhu Maharaj, in one of the articles in *The Winds of Adi Sat Guru Desh*, describes this work.

Liberation and Mastery on Transcendental Paths

By George A. Boyd © 2011

“The spirit becomes liberated when it opens both of the channels of the Nada to its origin. [We will use the example of T2, the path of Sant Mat.] When this occurs, the spirit remains merged in the Light and does not return.”

“We may have to actively liberate individuals who are highly advanced on certain Transcendental Paths [T1, T2, T3, T4, and T5—the sixth through tenth spiritual domains], when this is creating a severe imbalance in their spiritual energy fields. [This is the heart path, the path of love].”

“When your ensouling entity at this level [brain path, the path of intuitive knowledge, wisdom, and power] becomes liberated, its current of Alaya is withdrawn into Satchitananda. You then become complete on this Path.”

Mastery on T2 takes two major forms.

- (a) **Shabd Master** is a station of Mastery beyond Trikuti in the mirror of the Path. Certain ones are empowered at this level to guide and initiate others.
- (b) **Sant Sat Guru** is a station of mastery that is obtained when the spirit returns to its origin in the Anami Pad, and the Soul remains merged in union with this Divine Word that is the origin of the Light and Sound. This stage is called Sat Guru Bhagwan, one whose Soul is merged in God.
- (c) **Liberated Ones** (Param Mukta) – Beyond this stage, the Soul is liberated. When you have reached the stage in (c), Soul Liberation, you may enter into this state without maintaining any connection with any of the forms of Mastery. So in Param Mukta, you have obtained Liberation, not Mastery.

“If the Masters of the Mudrashram® lineage assist you to complete at this higher level, you may or may not hear, feel, or see anything while this process is occurring.”

“This inner experience of this liberation experience is contingent upon your ability to fuse your attention and your spirit on T2 [or any of the other transcendental Paths where this might be taking place]—this attentional fusion permits you to activate the senses of the spirit. If you do not achieve this fusion, you might not see, hear, or feel much of anything.”

“People sometimes ask where they will go after death if they have activated and made progress in the Transcendental Paths. For most people, if they died today, they would likely merge into their Soul's consciousness at their cutting edge, and undergo the after-death processing that occurs at this level.”

“If a Master of that Transcendental Path manifests a connection with you in this state, he will likely take you up to commune with him and he will show you the spiritual worlds that Transcendental Path up to the stage where he is—starting where you are on that Path.”

“If you do not unite your attention with the spirit while this process is going on, you would not feel different at the level of the personality or at your cutting edge.”

“When you are liberated on a Transcendental Path, you do not feel, hear, or see anything at that level—your spirit has been merged back in God and your Transcendental ensouling entity into its origin. This now appears as a Ray coming from Satchitananda and mirrored in the Soul of the Bridge Path.”

“You can verify whether Liberation has genuinely taken place or not if you do simran—see if you merge into the essence of the spirit on T2, or whether you are just aware of a current flowing back to its origin. If this latter is present, it is a marker you have been liberated; if the former, then not. [You would use a similar remembrance technique to merge your attention with the spirit on the other Transcendental Paths.]”

“The Mudrashram® Masters intervene when advanced development in Transcendental Paths creates a great undertow on your consciousness, intensely driving you to “complete” your work at this level.”

“The evidence of this takes the form with a relative obsession you have with this path—it is always pulling on you, interrupting you, dragging you away from your ability to focus on anything else. Until you are completed at this level, it is difficult for you to focus on cutting edge work, or any other spiritual endeavor you might wish to explore...”

“Everything we do in the Mudrashram® work is done with the application of specific techniques, which when correctly applied, yield exact and predictable results. If this event has indeed occurred, you should be able to verify it.”

“For many students, who have not yet honed their ability to clearly see and hear within, it is difficult for them to verify the footprint of their spiritual progress. For these ones, we give them the challenge to persist in their inner inquiry until they can verify all things.”

“So if you are such a one in which the Mudrashram® Masters must intervene to correct a significant spiritual imbalance that has arisen from your advanced development on a Transcendental Path, I will encourage you to apply these tests until you can ascertain—yea or nay—whether this event has occurred.”



Completing a Transcendental Path

Swami Prabhu Maharaj beautifully describes the process by which the spirit becomes free in the same manuscript, *The Winds of Adi Sat Guru Desh*. I quote from his text.

How the spirit becomes free

“Many religious groups teach people to get in touch with their spirit. They teach the spirit to pray to God. They teach people to perform deeds of altruism, charity, and kindness by acting from the spirit. They teach people to reform their character by meditating on the innate love and virtue that the pure spirit embodies.”

“They reveal higher stages of the path in their scriptures: heaven worlds, abodes of angels, and celestial gods and goddesses, and the Supreme Abode where God dwells.”

“But they don’t show the spirit how to go back to God or to see these beautiful realms. The spirit is filled with longing to be with God, but Religion does not have the key to help it go back to its source. So it sits there pining; yearning to be free. It is stuck at the beginning of the path, pressed down by the avalanche of karma.”

“Nadamic Masters see the plight of the spirit. They help the spirit get free from the entanglements of the senses and the mind. When it can withdraw the sensory and mental currents that entangle it in the world, the spirit is able to enter the Nada. First, it opens one channel, the light. Then it moves and opens the other channel, the sound.”

This opening of these blocked channels clears the path to the spirit’s home. It is like walking, right foot (light), left foot (sound), progressively, steadily, one step at a time.”

“Then finally, the day comes when the spirit clears the karma from the entire channel of the light and the entire channel of the sound.”

“At this point the spirit doesn’t return. It merges into the origin of the light and sound. It has become the light. It has become the sound. It is finally free, merged with its Beloved.”



Avatar Meher Baba

Thank you for attending our webinar today!

