

## **The Mystery of Ascension**

At the culmination of spiritual development, there is the option for the Initiate to spiritualize the seed atoms of the personality. In our INITIATE'S LIBRARY volume to be released later this year, *Discoveries on the Path*, Swami Charan Das describes in great detail what Ascension actually is. I will quote from this very remarkable monograph in this webinar.

While the actual material in this monograph is beyond the grasp of most beginning meditation students, and this volume is designed for those who have completed the Mudrashram® Advanced Course in Meditation, I will attempt to summarize some of the key points in a way that I hope most of you will be able to understand.

In preparation for this webinar, I did some research on prevailing ideas on what Ascension is, and I will here present a brief summary of this material.

In general, Ascension is thought of as either as (1) a movement of consciousness from the Third Dimension to the Fifth Dimension, in which an individual achieves mighty powers of manifestation, or (2) the lifting up of the physical body into heaven, as Jesus' disciples described in the *Bible*.

Other sources detail a Kriya-like technique called MerKaBa, which appears to unfold the seed atom of one of the vehicles of consciousness on the Psychic Realm. This shift in perception resulting from this practice gives the practitioner the experience that he or she is "ascending" through luminous, visionary realms; some of those who practice this rite report contacts with spiritual beings, hearing the voices of guides and angels, or extraterrestrial beings.

The teachers of the Mudrashram® lineage have quite another take on Ascension. I will excerpt from their writings:

## **Preface to “The Mystery of Ascension”**

Excerpted from *Discoveries on the Path*

“In several of the world’s religions, there are legends of Adepts who gained Conscious Immortality.”

“In the Christian religion, Jesus is said to have made his physical ascension into Heaven.”

“The Jewish religion speaks of Enoch, who walked with God—and God translated him so he did not see death.”

“In the Tamil Shaivite tradition, they speak of a number of Masters, Sage Agastya, Science Siddhar Bogarnatha, and Maha Avatar Babaji Nagaraj, who assumed an immortal body by entering into the state of Soruba Samadhi.”

“In Baird Spalding’s book, *Teachings of the Masters of the Far East*, he recounts meeting remarkable individuals who had overcome death, and had taken on the immortal form of an Ascended Master.”

“In one branch of the Western esoteric teachings, there is a discussion of an additional Sixth Initiation beyond achieving Adepthood.”

“After the Planetary Soul has merged into the Nirvanic Flame and has been reborn as the Monad, there is a secret teaching that shows how to tune up the seed atoms of the vehicles to create an immortal etheric form called an Ascended Master.”

“This form can materialize a physical body at will, and can create whatever is needed by the power of thought. This form of manifestation is instantaneous and immediate.”

“In the Kriya Yoga tradition, after one has become a Yogi Preceptor and Kriya Yoga Master by completing the first four Kriyas, there are three additional techniques—Swami Kriya, Kaivalyam Kriya, and Soruba Samadhi Kriya that directly lead to the state of Soruba Samadhi.”

“We will give information about the wonderful possibility of Ascension and will discuss the underlying principles by which these legendary Immortal Adepts established an immortal form.”

### **The Seed Atoms of the Personality**

Each of your vehicles of consciousness of the Conscious, Subconscious, and Metaconscious mind has seed atoms. These seed atoms are responsible for your sense of identity in this vehicle, and is the resonant point through which you will activate this seed atom. Selected seed atoms and their vehicles of consciousness are shown below.

Level of Mind	Vehicle	Seed Atom
Conscious Mind	Wheel of Time	Time seed atom
	Death	
	Coma	
	Sound Sleep	
	Dreaming Sleep	
	Hypnotic Sleep	
	Waking State of Awareness	
	Movement Center	Etheric seed atom
	Sensory Center	
	Body Awareness Center	Physical seed atom
	Feeling Center	Emotional seed atom
	Reason	Mental seed atom
	Ego	Egoic seed atom
	Preconscious	
	Subconscious Gateway Center	

Level of Mind	Vehicle	Seed Atom
Subconscious Mind	Memory (Life Narrative)	Atom of Eternity
	Memory (Personal Unconscious)	
	Memory (Embryonic Unconscious)	
	Inter-life Zone	
	Subconscious chakras and swastika center	Subconscious seed atom
	Astral body	Astral seed atom
	Causal body	
	Toruses of Purpose	
Metaconscious Mind	Etheric body	Metaconscious etheric seed atom
	Desire body	Metaconscious emotional seed atom
	Persona	
	Conscience	
	Concrete mind	Metaconscious mental seed atom
	Intellect	
	Personal Intuition	
	Volition	Personality seed atom
	The Self	
Being		

While there is a seed atom in each of the vehicles of consciousness, the ones listed are the ones through which Initiates work with the personality.

Several of the identified seed atoms—the Time seed atom, the Physical seed atom, the Egoic seed atom, the Atom of Eternity, the Subconscious seed atom, the Astral seed atom, and the Metaconscious Etheric seed atom—raise their frequency in response to the Soul’s spiritual evolution during the unfolding of the Soul’s consciousness [which we call Initiation].

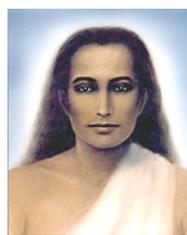
During Ascension, all of the seed atoms of each of the vehicles of the personality are tuned up. Swami Charan Das explains this process in his monograph using the etheric seed atom as his reference point; a similar tuning up of each seed atom occurs for each vehicle of consciousness of the personality.

Swami states that “five forces converge in the Etheric Seed Atom.”

- The first force is the generative force that was contained in the original egg and sperm, which creates the physical body. It contains the genetic substrate of life.
- The second force consists of the hormonal secretions, whose transmuted essence nourishes the psychic shell of a human being. These energies provide the motive forces to find a mate, to work, to overcome adversity, to become a parent, and to give back to family and community. These hormonal forces give you the drive and strength to live, to strive, and to love.
- The third force is the transcendent energy of the Soul that animates the body and suffuses it with life and breath. When this energy withdraws, a human being dies. When it is present, the Soul is incarnate. This is called the gift of life.
- The fourth force is the presence of consciousness, which witnesses the unfolding of human life. This is the higher octave of the Life/Consciousness Pole, represented by the focus of attention and the attentional principle seated above in the pituitary center of the Subconscious mind.
- The fifth force is the initiatory force that tunes up the seed atoms of each vehicle of consciousness, attuning the Soul and the personality with a new state of being and expression. This downpour of Light from the Soul activates the centers comprising integral, purposive and spiritualized life... This activity prepares a human being to be an instrument of the Soul’s expression.

<b>Zone</b>	<b>Type of Life</b>	<b>Description</b>
1	Conventional	<p>In this zone individuals are fully identified with the body. Issues of physical appearance, strength, courage, attractiveness, sexual prowess, the pride of bearing children, and gaining a sense of immortality through children is paramount.</p> <p>The first force, the genetic, is the primary influence on the Etheric Seed Atom.</p>
2	Psychological	<p>In this zone individuals are identified with their life experience as it is imbedded in the band of the Subconscious mind called the Personal Unconscious. They are aware of themselves as the psychological ego. In this zone they are attempting to solve the life challenges of each stage of development. Their objective is to cope with the demands of life and gain ego mastery. The first and second forces, the genetic and the hormonal, are both active in this zone.</p>
3	Integral	<p>In this zone, individuals explore their human potentials and begin the process of integrating the personality. In transiting this zone, they build a bridge from the ego to the Self, and progressively work on mastery of each faculty of the Subconscious and Metaconscious mind until they experience union with the Self. The fourth and fifth forces, consciousness and the initiatory force, are the dominant influences on the Etheric Seed Atom at this stage.</p>
4	Purposive	<p>In this zone individuals become aware of their Soul and its purpose. They experience the process of Actualization. The fourth and fifth forces, consciousness and the initiatory force, are the dominant influences on the Etheric Seed Atom at this stage.</p>

Zone	Type of Life	Description
5	Spiritualized	<p>In this zone, individuals are caught up in the plenum of spiritual experience. In this visionary cascade and intuitive suffusion that pervades this zone, they participate in the mystery of their Soul undergoing Initiation. This culminates in the encounter with the Monad, which confers the state of Mastery upon the Soul. The journey of Initiation is mirrored at this level as the revelation of profound truths and principles. The rare individuals who make this passage feel deep humility and awe as they are blessed to be a witness to the Great Mysteries. Four forces infuse the Etheric Seed Atom at this stage, the second, third, fourth and fifth—the hormonal, the gift of life, the consciousness and the initiatory forces.</p>
6	Etherealized	<p>Whereas in Purposive and Spiritualized Life, the Etheric Seed Atom witnesses the mirror of the Superconscious mind, <i>in Etherealized Life, this atom moves into the higher Planes and transcends the personality. This is the pathway to Full Ascension. It is called taking the Sixth Initiation. It is only possible after the Soul has taken the Fifth Initiation and assumed the mantle of the Adept.</i> Three forces infuse the Etheric Seed Atom at this stage, the third, fourth and fifth—the gift of life, the consciousness, and the initiatory forces.</p>
7	Full Ascension	<p>This is the culmination of the journey of Ascension. Initiates who assume this form find themselves at the very source of the five forces that impact the Etheric Seed Atom.</p>



## **How Masters Achieve Conscious Immortality: The Three Immortal Forms**

Swami Prem Dayal described the Three Immortal Forms in a discourse as follows:

“The Three Immortal Forms are the Ascended Master at the Fifth Plane of the Second Planetary Initiation, the miraculous ever–youthful body found in the Lotus of Liberation at the top of the First Cosmic Initiation, and the ever–living body of Soruba Samadhi.”

“*The Ascended Master* – The form of the Ascended Master resembles the body in the prime of its youth. An Initiate established in this form purportedly is able to translate any wish into manifestation by instantly materializing it. These Initiates are said to be able to materialize or de–materialize any object, or to vanish from sight at will. When the Ascended Master form is attained, the physical body is dissolved in the Pure Light of Spirit, which is at the core of the etheric body. This jet of Pure Light is then drawn up into the form of the Ascended Masters. The legend of Jesus and Mohammed rising physically into Heaven appears to arise from the glorious vision of the physical body dissolving into its etheric matrix, then rising into the form of the Ascended Master.”



*“The Form of the Lotus of Liberation* – This ever youthful body discovered at the top of the First Cosmic Initiation is found along the track of the epigastric center. This Divine Child of the Cosmos is encased in two membranes. This glorified body is golden in color. It stands about four to five feet tall. It emits a holy fragrance. Like the body of Soruba Samadhi, it emits light and does not cast a shadow. It is said that when it emerges, the cosmic physical body is completely dissolved. Like a phoenix bird, it is supposed to burn away the old physical body and emerge from the capsule of the lotus flower of the heart amidst its ashes. The Ayurvedic practice of Kaya Kapa was designed to uncover this body, and also to rejuvenate the physical body when it has grown old.”

*“Soruba Samadhi* – The ageless body of Soruba Samadhi is said to resemble the body in the beauty and prime of youth at age 16. It emits light from within it, so it does not cast a shadow. It is claimed that thousands of spiritual powers that are gained upon this attainment. This form is encountered above the thousand petalled lotus of the second Shiva Path in the Supracosmic Sphere. Soruba Samadhi Kriya uncovers it.”

“Typically, the individual who is granted the boon of Ascension will track for only one of the Three Immortal Forms.”

“In very rare cases, two or three of these immortal forms may be achieved simultaneously. Simultaneous activation can be realized on the Soruba Samadhi track, as it is possible to align the vehicles of consciousness on this platform to animate one or both of the other Immortal Forms.”

Thank you for attending our webinar today!

