

The Seventh Treasure: Keeping a Vow or Promise, Maintaining Your Integrity (Satya)

Today's webinar will explore the layers of truth: speaking the truth; conventional speech and core truth, and the barriers that veil your inner truth; activating the centers of your core truth; and the ineffable Word (the dumb letter). The webinar will again feature satsang from the Swamis on the topic of finding spiritual truth (Satya).

Speaking the Truth

There are seven ways that you tell the truth.

1. To do what you promise to others and your self; your actions match your words—this is called integrity
2. To confess your moral transgressions, to sincerely repent for them, and to resolve to live up to those moral standards
3. To keep your sacred promises (vows) to your religious order and to God
4. To declare what you see—this I have seen—as revealed to you in visions or revelations; this is satsang of the attentional principle
5. To declare what you have heard—this I have heard—as revealed in inner dialog with God or your spiritual Master; this is satsang of the spirit
6. To declare what you know and have realized—this I have realized—as revealed from direct intuitive illumination of the Soul; this is satsang of the Soul
7. To speak the Word in full consciousness to manifest what you decree; this is the Word of Truth

Much of the time you use your speech idly and without thinking.

- You gossip about others.
- You utter profanity to discharge your emotions of frustration and anger.
- You personify the thought forms of your imagination as fantasy and humor.
- You recount your experiences with others.
- You disclose your plans and dreams for the future.
- You state your opinions about the events that are occurring in your community and the world.
- You declare your beliefs about events, other people's behavior, and about political and religious ideas

This mandala of language of your personality is not founded upon your Soul's truth. Like an independent observer, your personality expresses and comments on what it perceives and experiences—yet it is cut off, often oblivious of the silent Soul within.

The Veils of the Truth

To penetrate beyond this outer husk of consciousness, and to get down to your core of truth, you must move through the levels of the veil of the unconscious mind. These veils include:

Delirious speech – At this level, you utter nonsense syllables, speak in tongues (glossolalia), or exclaim spontaneous mantras.

Organismic sounds – Here you express the grunts, moans, and sighs of your organism.

Defensive programs – When you break through into this level, you speak aloud the “engrams” or defensive programs of your unconscious mind. This is the language embedded in your karma; it is the voice of your hidden desires and secret wishes, and your rebellion and defiance.

Core Emotional Expression – This is the raw expression of your core emotions—such as pain grief, fear, shame, anger, or guilt—as pure emotional sounds. Arthur Janov, a psychologist popular during the 1960s, referred to this emergence of these core emotions, as *primal screaming*.

Going Beyond the Veil

Bhagwan Rajneesh (Osho) designed meditations that penetrate these veils—he referred to these techniques as *chaotic meditation*. Some of these meditations, for example, include sustained breathing, free movement, and chanting HOO over and over again—driving this syllable deep into the gut.

We introduce the techniques of intoning and opening in the Mudrashram® Master Course in Meditation and the Accelerated Meditation Program as a tool to move through this barrier.

Intoning allows you to make sounds to express your experience in different vehicles of consciousness, and from these bands of the unconscious mind.

Opening allows you to move your attention, so you peek beyond the threshold of your unconscious mind, and glimpse what is in that zone.

Penetrating the Barrier with Speech

For those of you who are brave enough to try this meditation—and it is entirely optional—you can give a voice to these four deeper layers of the unconscious mind. For obvious reasons, you should do this meditation privately, so others—who might not understand what you are doing—do not overhear you. You might do this meditation by whispering, so you can control the intensity of your expression at each level.

I will demonstrate this for you. You may journey along with me if you dare.

What Is on the Other Side of the Barrier?

Once you break through the barrier, you come to the seven stations of truth.

1. **The Station of Will** – This is where you say, “I will,” and it is empowered from the force of the Self. When you speak that you will do something from this level, you are pledging from your sense of honor and your integrity—and you ensure, no matter what, that you will do what you say.
2. **The Station of the Repentant Heart** – This is when you come into contact with the Moon Soul or Christ Child within you, and you see in the mirror of this pure consciousness, the nature of your sins, and your moral transgressions against your self and others. Here you see and feel the impact of your errors, and you turn away from them. You resolve you will do them no longer. Out of this station, you can understand, and forgive; you can also allow yourself to be forgiven by the Loving Heart of God.
3. **The Station of the Sacred Promise (the Vow)** – Here you make a sacred promise—not with your personality, but from one of the essences of consciousness. You might pledge from your Moon Soul to uphold the rules of your monastic order. You might vow from your spirit to keep the mantra that you have been revealed, a secret. You might dedicate yourself from the attentional principle to serve your spiritual Master and to carry out his or her commandments (Agya)—this vow commonly accompanies the bestowing of discipleship in many spiritual traditions. You might vow from your Astral Soul to not enter into Para Nirvana out of compassion, and choose to remain in the Cosmic Hierarchy to serve as a Cosmic Master of Love and Wisdom (Nirmanakaya).

4. **The Station of Attentional Principle Satsang** – Satsang from the attentional principle often begins when you ask a question [from your attention] to the attentional principle to have it describe what it is seeing and experiencing. This often appears in poetry. [I recall the wonderful insights that were conveyed to me in my youth from Bob Dylan’s lyrics.]
5. **The Station of Satsang from your spirit** – Satsang from your spirit begins with a melting sensation in your heart, and the overflowing of love and joy. When you tap into this fountain of ecstasy and allow it to speak, it will convey its truth to you in a way, so filled with love. It will sing the praises of the spiritual Master. It will share glimpses of its journeys through the worlds of Light.
6. **The Station of Satsang from your Soul** – Satsang from the Soul is a declaration of the Great Dharma—the Laws of Life—and it reveals the truths it has realized. When the Swamis give us satsang, it comes from the great penetrating insights of their boundless realization.
7. **The Station of Speaking the Word of Truth** – When the Soul undergoes the Second Planetary Initiation, it activates the mighty force of the Mighty I AM Presence. When this force awakens in you, it begins to decree: it dispels and uproots certain negative conditions, and manifests the purposive intent of the Soul. Unlike mere affirmation, where you anchor a statement of a desired outcome in the Superconscious mind—a decree comes forth from the core of being, and it speaks the Word.



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Meditating on the Seven Stations of Truth

For this meditation, you will inquire where are these stations of truth inside of you, when you might have experienced them, and give permission for them to come forward in you. Let us begin.

Where is my core of will? When have I directed my life from this station? What have I done, inspired from this source?

Where is my core of self-examination and repentance? When have I corrected my life from this station? What have I done to change my behavior, belief, and attitude, inspired from this source?

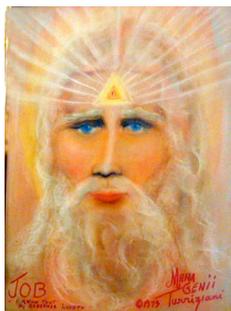
Where is my core ability to make a sacred promise? When have I made a sacred promise (vow) from this station? How have I changed my life, or what have I renounced, inspired from this source?

Where does my ability to speak from my attentional principle arise? When have I spoken from this essence? What did I communicate, inspired from this source?

Where does my ability to speak from my spirit arise? When have I spoken from this essence? What did I communicate, inspired from this source?

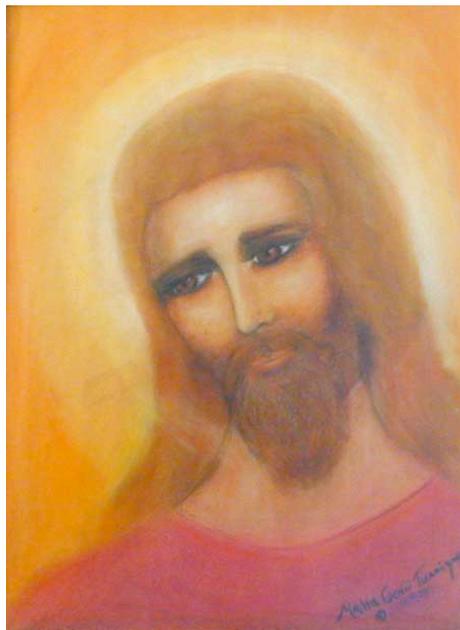
Where does my ability to speak from my Soul arise? When have I spoken from this essence? What did I communicate, inspired from this source?

Where does my ability to speak from the Mighty I AM Presence arise? When have I spoken from this essence? What did I communicate, inspired from this source?



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Invocation to Awaken the Inner Wellsprings of Truth



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O Divine Master, awaken in me the seven sacred wellsprings of truth.

Grant that I may be able to give my word and keep it, and to hold firm in my resolve, until I have accomplish what I have promised.

Bless me that I may know when I have departed from your moral law of love and truth, and guide me to re-align my words and deeds with its perfect harmony. Empower me to turn from evil and to embrace my heart's truth, even though this is difficult and frightening.

Open in me the conduits that connect with my attentional principle, my spirit, and my Soul. Let me be an instrument of their truth; may their truth speak through me, so that others, and I, might be blessed and enlightened.

Bestow upon my your gift of Divine Speech, so my word shall free, heal, and make others whole, as you are doing unto me.

And let this be, so that when I am thus empowered, I may stand with your Mighty Ones, and with them, lift the world.

The Ineffable Word

Beyond the spoken word, dwells the ineffable word of the Eternal. Poets have called it the dumb letter, the unspeakable name. Saints have called it the Holy Name, the unspeakable name of God.

This sacred essence cannot be spoken; it can only be realized.

From this silence comes all knowledge, and all truth is revealed.



Picture of George in 1973
Meditating on the Holy Name

Satsang on Satya – the Power of Truth and Integrity

“In most people, the conduit to their inner sources of truth is closed down. So what they communicate comes from their personality, not from their Soul. Instead of realization, they have conceptual models of truth; instead of living their realized truth (Dharma), they preach ideal moral standards to others—which they cannot demonstrate in their own lives.”

“To go to where your truth can be found, you have to jump across a wide gap. Most people are too ashamed to cross it, so they cling to the conventional and the acceptable. As a result, their truth is sealed up inside of them, like wine in a bottle—but they never open it.”

“There are a few courageous and devoted ones who are willing to take this risk, to make this jump. Even though it seems foolish. Even though people might think that it is crazy. Even though it is like traveling through a dark, uncharted jungle.”

“Those that become prophets, channels of their Soul and spiritual tradition, and mouthpieces of their Master (Gurumukh) have humbled themselves, and have been willing to be led across this darkened band of the mind that separates them from the truth within.”

“if you cross this band of the mind, you will re-own your ability to give your word and keep it. Not to intend or wish that something may be so, but you ensure that it is so.”

“If you make this journey, you will cleanse the mirror of your heart with your tears. You will allow the Holy Spirit to transform and redeem your character, so that the goodness and holy virtues that are latent in you might come into expression.”

“If you climb this mountain, you will make promises to God, and you will keep them. You will keep them because you love God, and you cannot bear to be separated from His Grace. You will do this because you know that if you honor your vows, He will deliver what He has promised you—and that is worth whatever struggle and pain you must endure.”

“If you sit at the feet of your attentional principle, your spirit, and your Soul in meditation, they will teach you. They will show you of their worlds of Light and Beauty. They will take you with them as they journey across the Great Continuum.”

“If you have compassion, and you care for others, the day will come when the truth you know in your silent heart will speak to them, to lift and free them. In that day, you will know the mighty guiding power of the Light—and it shall teach and guide them through you.”

“If you remain steadfast in your inner work, the Word of Power will utter its decrees within you. It will break the chains of ignorance and vice. It will dissolve the cravings and obsessions of the mind. It will create and manifest the vision and purpose of the Soul in the crucible of your heart and life.”

“For this reason, the Saints declare in one accord that Satya is truly one of the greatest spiritual treasures.”

Thank you for attending our webinar today!

