

Using Your Higher Intuition

Higher intuition, also called mandalic reasoning, the Law of Correspondence, viveka, and spiritual discernment is a mental function that operates in multiple dimensions. You activate it by your suggestion.

What is suggestion?

- A *command* or affirmation, e.g., “Show me”
- A *question* directed to your ensouling entity, your spirit, your attentional principle, your spiritual guide, or the Divine as you can contact it
- An *inquiry*, which is a form of indirect question, e.g., “What is love? Some of the ways I have known love are [describe]. But are those ways I have known really love? Or are they something else?”

Let us examine some of these layers of your awareness as you become progressively aware of subtler levels of your intuition.

Faculty	Physical	Subtle	Subtlest
Sight	Perception of external sight	Portraying sight through painting, drawing	Perception of subtle sight
Hearing	Perception of external sound	Expressing inner sound through music	Perception of subtle sound
Movement	Awareness of movement as it is taking place	Awareness of the suggestions given to produce each movement, expression as dance	Awareness of the energy of volition

Faculty	Physical	Subtle	Subtlest
Touch	Perception of touch	Expression of touch through laying of hands healing or massage, or love making	Perception of subtle touch
Speech	Writing down what is uttered (e.g., taking notes)	Awareness of the act of speaking (e.g., articulation, tone, cadence)	Awareness of the thoughts giving rise to speech, and of the essence that is communicating these thoughts
Breathing	Movement of the chest in respiration	Awareness of the current of the breath	Awareness of life force or Prana in circulating in the etheric matrix
Feeling	Expression of emotion through voice and body language	Awareness of feelings arising in the present time	Awareness of the spirit
Perception	Reaction to change in the environment	Awareness of sensory experience in the present moment	Awareness of consciousness of the attentional principle
Time	Awareness of present time experience	Awareness of the present moment in memory and the continuity of lived experience	Awareness of the eternal now of the Soul on the Akasha
Identity	Identification as body and life (Ego)	Identification as personality (Self)	Identification as Divine essence (Soul)
Enjoyment	Physical pleasure, laughter	Personal pleasure, happiness, delight	Spiritual pleasure, joy, bliss



Notice what takes place in your awareness as you shift from gross to subtle to subtlest experience of these faculties. This shift of intuitive context from the grounded state to the heightened state of insight is called *discernment*.

Let's look at examples of using discernment with spiritual concepts such as the mudras used to transmit the energy of the Spirit to you during the sittings we do in the Mudrashram® Master Course in Meditation [We do these sittings for our Accelerated Meditation Program students before they do the Mudrashram® Advanced Course in Meditation], vehicles of consciousness, focus of attention, the experience of karma, and initiation.

Mudras

This is an example of the physical expression of a mudra.



Once Accepted Disciples have assumed the Form of the Disciple upon the Bridge Path, they are empowered to utilize the eight teaching mudras to minister to others.

Mudras one through seven are expressed in the physical world as specific postures and hand gestures; the eighth mudra is discovered or revealed to the aspirant. We portray and describe the action of these mudras in *The Yoga of the Seven Mudras: Introducing the Mudrashram® System of Integral Meditation*, volume one.

The astral representation of these teaching mudras on the Astral Plane is that of an ethereal blue god or goddess with eight arms. The arms of this form express each of the mudras as follows:

Mudra Number	Arm of the Astral Form	Name of Mudra
3	Uppermost right	Mantra
4	Upper middle left	Raja
6	Uppermost left	Jnana
5	Lowest left	Guru Kripa
7	Lower middle right	Agni
2	Upper middle right	Nada
1	Lower middle left	Kundalini
8	Lowest right	Dharma



These eight mudras appear in the causal mental vehicle as lotuses in a blue violet form.

Mudra Number	Center in the Form of the Disciple	Name of Mudra
3	Brain	Mantra
4	Point between the eyebrows	Raja
6	Throat	Jnana
5	Heart	Guru Kripa
7	Solar plexus	Agni
2	Navel	Nada
1	Base of Spine	Kundalini
8	Feet	Dharma



Vehicles of Consciousness

We use discernment to identify vehicles of consciousness.

The physical form is the gross physical body.

The subtle stage is recognizing the multiple forms that make up the personality and that appear in the Superconscious mind as archetypes.

The subtlest stage is contemplating the centers of the essential body of the Soul, and each higher octave of consciousness.

The Focus of Attention

The physical stage of the focus of the attention is when attention rests in the medulla center, and you look upon the activity of the brain.

The subtle stage is moving from focal point to focal point and witnessing the content of the vehicles of consciousness.

The subtlest stage is uniting attention with the essences of consciousness—the attentional principle, the spirit, and the ensouling entity—and gaining fusion and identification with these states.

The Experience of Karma

You encounter the physical stage of karma as the law of cause and effect. This represents the dynamic, or Rajasic expression of karma. This is the type of karma with which most people are familiar.

You explore the subtle stage of karma through recognizing the unconscious mind where the reservoir of karma is stored. Here we discover the layers of Adi, Sinchit, Kriyaman, and Pralabdha Karma that dwell behind the vehicles of consciousness. This is the Tamasic type of Karma.

You enter the subtlest stage when you learn techniques to work on karma to purify and transmute it. This the Sattwic approach to karma where you interface with karma as a conscious entity.

Initiation

You undergo the physical stage of Initiation as a ceremony in which meditation instruction is given and the mysteries of spirituality are revealed to you.

You experience the subtle stage of Initiation when you consciously experience your spiritual essence unfolding. This subtle stage of initiation lets you experience

You enter the subtlest stage when you reach a universal state of consciousness and you are empowered to minister to others at that band of the Great Continuum of Consciousness. Here you become an Initiate.



Thank you for attending our webinar today!

