

Intermediate Soul Reading, part one: Extending the Basic Soul Reading

Our advanced webinar today will continue the study of the Basic Soul Reading (BSR), and how it can be extended to give additional information relevant to the querent's guidance. As we have discussed, the BSR is central to all spiritual counseling in the Mudrashram® system of Integral meditation, and forms the foundation of knowledge to which further metaphysical insights can be related.

In our previous three webinars of this series, we have explored the Seven Rays and how they interface with the Soul and the personality; finding the Plane, Subplane, and Nodal Point where the Soul dwells on the Great Continuum of Consciousness; and how you correlate these insights to arrive at a final reading.

This webinar will build upon this foundation to explore the following additional readings:

- Future life progression
- Past life remembrance
- Exploring the Soul's active expression in the present time
- The Soul's experience of itself in Eternity
- Soul Purpose Reading
- Higher Octave Soul Reading

Realize that you will not instantly gain the facility to do the Basic Soul Reading or these other readings that extend it. It will take lots of practice. It will take time to clarify your inner vision and intuitive impressions. But if you persist, you will develop these skills to the point where you can reliably give this guidance to those who come to you for these readings. Let us begin.

Using the Brain Chakra of Your Form of Psychic Powers

The first four readings are accessible through the brain chakra of your form of Psychic Powers. To refresh your memory about this form, we will excerpt from our writings on this topic.

Excerpted from *The Psychic Realm: Finding Safe Passage through the Worlds of Illusion* © 2010

“The form of the Psychic Powers Subplane resembles the astral body, with seven whirling colored wheels in the cerebrospinal axis. Viewed from without, these wheels resemble ellipsoids or disks. Healing, nurturing, and sensitive energies radiate from this vehicle. You may feel caring and mercy for the suffering of others and want to be of assistance. You will sense the innate intelligence operating through the psychic powers. As psychic powers awaken in this vehicle, you will gain the ability to intentionally use a specific psychic power.”

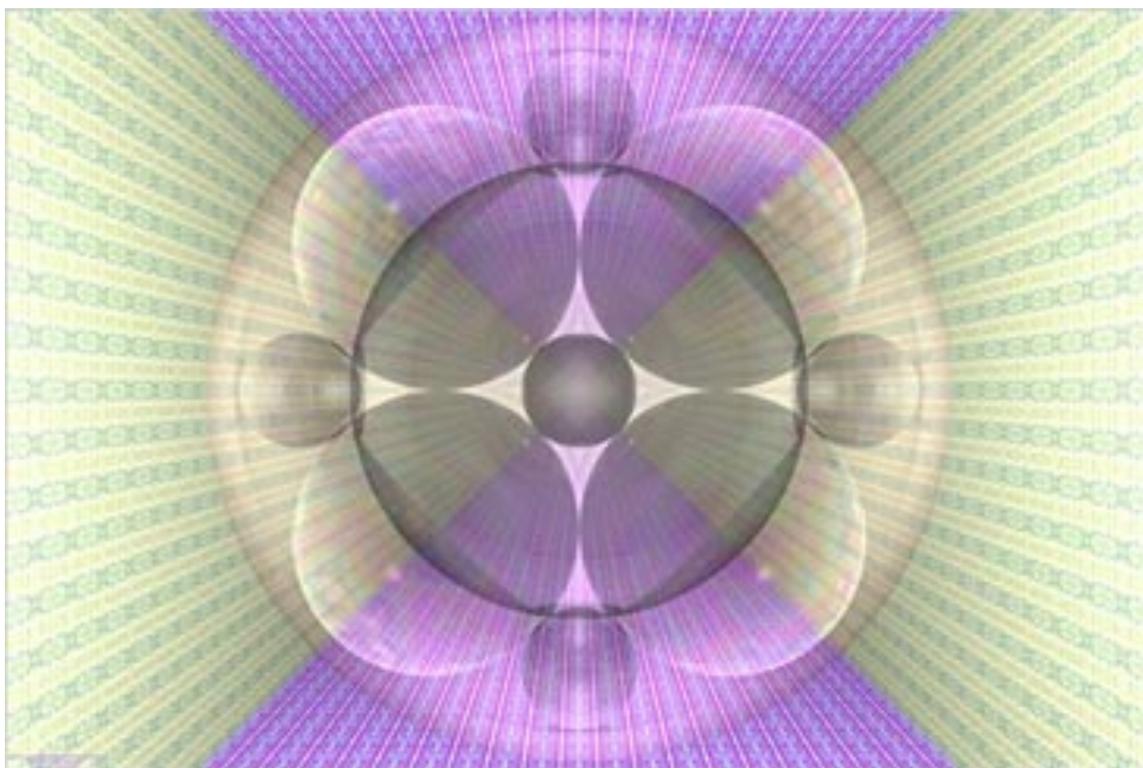
“The centers or chakras of this vehicle, together with the potential ability in each chakra, are described below.”

| Chakra | Content | Ability |
|----------------------------|--------------|---------------------------------------|
| Base of spine | Red wheel | Materialization and dematerialization |
| Navel | Orange wheel | Precognition |
| Solar Plexus | Yellow wheel | Aura reading |
| Heart | Green wheel | Healing |
| Throat | Blue wheel | Channeling |
| Point between the eyebrows | Indigo wheel | Telepathy |
| Top of the head | Violet wheel | Knowledge of past, present and future |

In the Mudrashram® Correspondence Course, and in the Psychic Powers Workshop, we reveal that each of these whirling disks within the chakras of this vehicle of consciousness has two motions: clockwise and counter-clockwise. Depending on which way this inner wheel is turning: this will determine what particular power will be manifest.

So for example, let us examine the whirling wheel of the heart center, which gives healing ability. When it moves clockwise, it gives the ability to send the Light of Life (Prana) to others to promote physical and etheric healing. When it moves counter-clockwise, it gives the ability to read the physical health of others through their etheric body—this is the gift that medical intuitives demonstrate.

To access the corridors of knowledge of these extensions of the Soul Reading, you need to focus your attention on the violet chakra in the brain center of this vehicle of consciousness. As you do so, you will visualize this center as a cardinal cross like the image below:

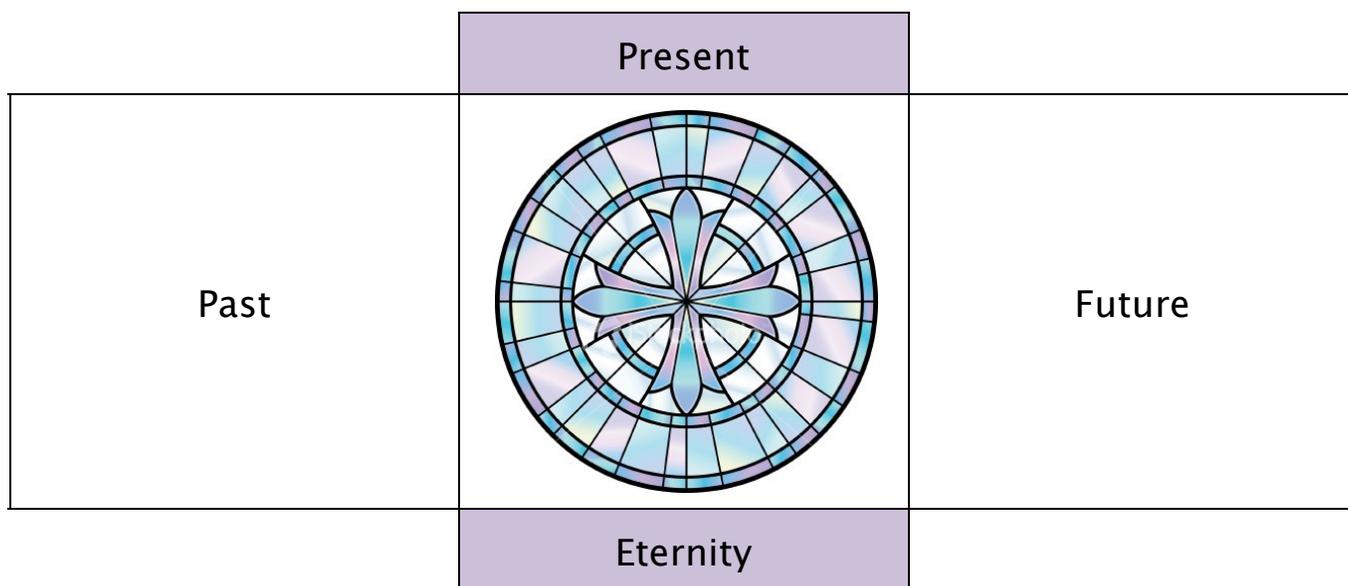


The pole at the top of the cross represents the Light of the Soul pouring through the vortex on the Akashic Records Subplane of the Abstract Mind, where the Soul's thought and conation influences human life. It is suffused by the violet light and is part of the clockwise movement of this whirling wheel.

The pole at the bottom of the cross represents the experience of the Soul in its own nature. This aspect confers Gnosis and realization. The mantra that resonates in this state, "I am God," is the declaration of the presence of the Divine Spark within the Soul. It too is suffused by the violet light and is part of the clockwise movement of this whirling wheel.

The pole at the left of the cross represents the Soul's remembrance of its own past lives upon the Akashic Records, and the ability to "see" into this Aether to read the tracks of former incarnations of other people. It is suffused by a brilliant white light and is part of the counter-clockwise movement of this whirling wheel.

The pole at the right of this cross represents the out-picturing of future incarnations in the Mind of God. It gives the ability to glean information about the "lives that are to come" for oneself and others. . It also is suffused by a brilliant white light and is part of the counter-clockwise movement of this whirling wheel.



Meditation on Future Life Projection

To do this meditation—and the next three meditations—you will need to focus your attention on the brain center of the Psychic Powers vehicle. One shortcut for attaining this focus is to use the practice of intoning the vowels.

Intone: Ay • Ee • I • Oh • Ou

Focus on the center where the Ou sound resonates. Hold your attention there, and gently breathe into this center to awaken your awareness into it.

Visualize four streams of energy in the form of a cardinal cross flowing out of this center. You will put your attention on the stream on the right.

Now ask, “Show me my future lifetimes in this cycle of time.” If this suggestion is accepted, and you are granted permission to view them, you will glimpse impressions of your lives that are to come on the plenum of the Mind of God.

Once you are shown the images of the forms of your future lives, you can contemplate each in turn, and gather more information about them.

Meditation on Future Life Projection

Again focus your attention on the brain center of the Psychic Powers vehicle. You can use the practice on intoning the vowels if this helps you find this center

Focus on the center where the Ou sound resonates. Hold your attention there, and gently breathe into this center to awaken your awareness into it.

Visualize four streams of energy in the form of a cardinal cross flowing out of this center. You will put your attention on the stream on the left.

Now ask, “Show me my past lifetimes in this cycle of time.” If this suggestion is accepted, and you are granted permission to view them, you will glimpse impressions of your past incarnations upon the still and crystal clear Aether of the Akashic Records.

As you are shown the forms of these images, you can contemplate each one to gather more information about each of these lives revealed to you.

You also can access the impressions from your previous lives using any of the techniques taught in the “How to Read Your Own Past Lives Workshop,” or through the method you learned in Advanced Jnana Yoga meditation.

If this center is open in you, you can read the lives of others, after they give you permission, through thinking on their Soul, and ask to be shown their former lives.

Meditation on the Present

To do this meditation, you will again focus your attention on the brain center of the Psychic Powers vehicle.

Focus on the center where the Ou sound resonates. Hold your attention there, and gently breathe into this center to awaken your awareness into it.

Visualize four streams of energy in the form of a cardinal cross flowing out of this center. You will put your attention on the stream directly in front of you. As you gaze into this stream, you will become aware of your present moment unfolding on the Akashic Aether.

Unite your attention with the present moment, and just notice what you are experiencing and feeling in this loving space.

Notice the gifts that your Soul is expressing through you, and the identity you adopt as you embrace each of these gifts. Notice the identities that express the key themes of your life experience.

As you become familiar with this center, you will be able to ask, “show me the Soul’s gifts expressing in this person, and the key themes of this life.” When this awakens in you, you will be able to do readings of the present time for other people.

Meditation on Eternity

To do this meditation, you will again focus your attention on the brain center of the Psychic Powers vehicle.

Focus on the center where the Ou sound resonates. Hold your attention there, and gently breathe into this center to awaken your awareness into it.

Visualize four streams of energy in the form of a cardinal cross flowing out of this center. Put your attention on the stream directly behind you. Follow this stream with your attention until you merge into the presence of your Soul on its own Plane.

Simply be the Soul, and experience what this is like. Once you have recognized this essence in yourself, you will be able to recognize it in others.

When you are able to clearly recognize this essence in others, it will enhance your ability to do Basic Soul Readings. It will enable you to do guided meditations where you lead others to unite with their Soul. It will clarify the essence to which you minister the Light in Attunement Meditation. It will give you a deep appreciation for this Inner Divinity that dwells within each person.

Going beyond the Soul

For the first four Intermediate Soul Reading meditations, you have utilized the brain center of the Psychic Powers vehicle to gain knowledge and insights about the four times—future, past, present, and eternity.

For the remaining two meditations in this webinar, you will move beyond *mediated knowledge*—knowledge gleaned from the perceptual field of an inner vehicle—to direct knowledge.

In *direct knowledge*, you know by projecting your attentional principle to an inner location and contemplating or viewing from that perspective.

Soul Purpose Reading

To do this reading, you will need to follow the track across the Higher Unconscious in your attentional principle and identify the symbols of attainment that are present along that track. After you have identified where your querent is on the path with a Basic Soul Reading, you will follow the track of their Adi Karma and look for their symbols of attainment, and note where that is on the Continuum.

So if they have attained the state of a Saint, for example, you would recognize that this is in the First Mesoteric Initiation. To assist you with identifying what these forms are, we will first review some material drawn from *The Winds of Adi Sat Guru Desh*.

Excerpted from *The Winds of Adi Sat Guru Desh* © 2013

Symbols of Attainment on the Spiritual Path

There are a variety of symbols encountered on the spiritual path that represent the dawning of powers, achievement of mastery, or fulfillment of the purpose of your life's mission. Major symbols of this type are shown below.

Thrones are stations on the path from where the attentional principle on minister to others. Many religious traditions speak of the thrones of the righteous, saints who are given thrones, or the courts of the Lord (where the spirit is given a throne in the Divine Presence).

Stars represent powers anchored in the Superconscious mind that may be expressed as gifts through the personality, or as spiritual powers operated by the Transpersonal octaves of the will.

Immortal forms may be developed at different stations of the path through which the soul may minister and teach. Initiates typically will appear as illumined and empowered forms suffused by the Primal energy of the spirit. They may alternately or concomitantly appear as a logic vortex, a wheel, or as the radiant guide form, the Nuri Swarup.

The crown or torus appears a marker of achievement for a key aspect of personal destiny. This inner crown may transform from a black crown to a golden one, or from a crown of thorns to a crown of dominion and glory.

When these symbols appear in your inner vision, you will know that your soul is actualizing its unique spiritual destiny. These symbols of attainment are special markers of your journey to Mastery.

More information is given about these markers of spiritual attainment below.

Immortal Etheric Form

A **form** is a permanent representation of the ensouling entity in the Astral, Casual, Mental, or Pure Spiritual Realms. Forms may be established in the Subtle, Planetary, Transplanetary, Cosmic, Supracosmic, and Transcendental bands of the Great Continuum of Consciousness.

The Soul anchors its love wisdom and power through the centers and sub-centers of this form. These immortal etheric forms may be the focal point for the rays of a star, or the star may be developed in one of the centers of the form, with stars forming in the brow, heart, and solar plexus centers being the most common.

Forms provide an immortal vehicle through which the Soul can express its abilities, even after death.

Word or Logic Vortex

The Word is a nodal point that connects with multiple nodal points on the Way of the Soul. It may, for example connect with all nodal points in the First Planetary Initiation. This Logoic vortex may be within a form, or exist without a form. This Word may alternately reside in the path of the spirit, connecting all Nadamic tones within part or all of a spiritual domain. This Nadamic representation of the Word is seen in Nadamic Masters.

Wheel

A **wheel** is seen in Initiates who reach states of spiritual development where they can create disciplic attunement with any member of humanity. It represents the power to initiate others and to maintain a continued attunement with them. Most typically seen in the Planetary, Cosmic, Supracosmic, and Transcendental Hierarchy, these teachers have the ability to guide others through the stages of discipleship to Mastery.

Nuri Swarup

The **Nuri Swarup** is the light body or guide form of an Initiate, used to guide the attentional principle or the spirit on the inner Planes. This form focalizes the Initiate's spiritual power, and allows the Initiate to guide the attentional principle or spirit to union with this form and successively to union with the ensouling entity and the Divine at the origin of the spirit.

Crown or torus

The **crown** represents the wisdom of Purpose. As individuals are guided to fulfill a spiritual destiny (specific accomplishments that are lived in human life), they purify the radii.

Throne

The **throne** is a seat for the attentional principle or the spirit in the presence of the Divine. The individual typically ministers to others by attunement from this location. The spirit of attentional principle may remain at all times in this throne. Some traditions recognize these individuals who remain in this throne as saints.

Star

A **star** is focal point with three to twelve rays radiating from a central point. Though the number of rays varies, five to seven are the usual number. Each of these rays represents a power of the Soul.

These rays may be anchored through the physical brain, which allows the abilities to be accessed in the waking state. These rays may alternatively may be anchored in the Subconscious seed atom, which allows the individual to access these powers only in a state of trance or meditation. They may also be anchored within a form in the Superconscious mind, which can only be accessed by the attentional principle or spirit in deep meditation.

A star embodies a group of the powers that make up an aspect of the expressed service of the Soul, which it anchors within the Conscious, Subconscious, or Superconscious mind.

To do this meditation, you will travel progressively along the track through the Higher Unconscious that unites your Soul with its origin in the Nirvanic Flame, and on to the Monad, and beyond the Monad to its origin in the Pleiadean Vortex of the Transplanetary Realm.

Notice what images or symbols appear to you. Look for markers to tell you where on the Continuum these symbols appear. Contemplate each symbol to gather information about what abilities or empowerment the Soul is called to manifest at this level.

To do this well, you will need to gain experiential knowledge of each of the stages of the Path. You will need to hone your ability to see within, even in the darkness of the unconscious mind—this you gain through practicing Yoganidra.

We recommend you study the Subplane Map, augmented by careful review of the Mudrashram® Correspondence Course, for each level. In time, you will be able to visualize these mysterious symbols that represent the nodes of the Soul's intrinsic Soul Purpose, and recognize what each means.

Higher Octave Soul Reading

In the Mudrashram® Advanced Course in Meditation, you were given the Mudrashram® Mantra, which provided a way for you to access each higher octave of being—Astral Soul, Supracosmic Soul, your Transcendental ensouling entity aligned with the Axis of Being, and Satchit-ananda.

With practice, you will clearly recognize these essences within you. With further practice, you will recognize them in others.

You contemplate each level in yourself to gather where this higher essence dwells, and listen for any mantra that resounds there. You use the highest discernment to identify what nodal point it dwells in, and use the information from the Mudrashram® Correspondence Course to get specific information about this stage.

At this point, we recommend that you aim to master the first five of these readings presented today, and begin to meditate on the five higher octaves in yourself for this last one.

The Higher Octave Soul reading comes into its own when your Soul has migrated to the Bridge Path; we present it to you now, so you can begin to exercise your skill in recognizing and becoming more comfortable working with the higher octaves of bring presented to you in the Mudrashram® Advanced Course in Meditation.

We have left you with many questions, and greater challenges. Work to refine your skill doing the Basic Soul Reading, until it is second nature to you. Experiment with these new readings to extend your ability with metavisual reading. Study, practice, and persevere. In time, you will be able to do all of these readings skillfully and accurately.



Thank you for attending our webinar today!

